

A novel community-based psychiatry residency program: A collaborative and inter-institutional approach

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INTRODUCTION

- ❖ There is a national shortage of psychiatry and related training programs in the U.S.
- ❖ The gap in provider coverage is more pronounced in rural regions.
- ❖ Efforts are needed to fund and solicit providers. An option may be to engage and expand community-based programs.

OBJECTIVE

To describe actions taken to create a collaborate psychiatry residency program sponsored by two community-based graduate medical education institutions.

METHODS

WHAT & WHEN: In the Fall of 2016, a request for grant applications was released by the state of Iowa for the development or expansion of:

- Family medicine; or
- Psychiatry residency programs.

WHO: Two Midwestern sponsoring institutions collaborated to create a joint application for the development of a psychiatry residency program.

Institutions:

- UnityPoint Health – Des Moines (UPH-DM): non-profit teaching hospital w/ six resident programs;
- Broadlawns Medical Center (BMC): county-based teaching hospital w/ two residency programs.

PROGRAM GOALS

1. To develop a four-year Accreditation Council for Graduate Medical Education (ACGME) accredited psychiatry residency program;
2. To enhance psychiatry teaching rotations for University of Iowa Carver College of Medicine and Des Moines University third- and fourth-year medical students;
3. To create behavioral health training opportunities for existing UPH-DM and BMC primary care residents; and
4. To increase the number of psychiatrists practicing in the state.

RESULTS

Funding application accepted and ACGME joint institutional sponsorship acquired.



STRUCTURE

- ✓ Psychiatry Program: Four resident slots per year with four-year training curriculum.
- ✓ Joint business entity formed titled: UnityPoint Broadlawns Psychiatry Education Foundation.
- ✓ Board of Governance w/ representation from each institution:
 - CEOs and senior administrators;
 - Directors of Medical Education;
 - Residency program directors;
 - Faculty.
- ✓ Program administered in 50:50 partnership.

RESULTS: Continued

Delegation of Roles

UPH-DM	BMC
DIO	---
---	Program Director
Associate Program Director	---
Faculty Rotations*	Faculty Rotations*
Coordinator Office	Coordinator Office
Legal	---
Finances	---
---	Human Resources

*Training rotations also occur at local Veterans Affairs Medical Center

DISCUSSION

- ❖ Expansion of graduate medical education to include psychiatry residency programs can be an approach to train more providers and possibly retain them in shortage areas.
- ❖ As shown in this document, a sponsoring model for such programs can be multi-institutional, which can function to offset costs and provide greater patient mixes and diverse educational experiences.



PSYCHIATRY RESIDENCY