

## **Outline Shanafelt AIAMC Presentation**

### I. What's Happening to U.S. Doctors

- a. Prevalence and trends burnout/work-life integration issues
- b. Professional consequences

### II. What are the causes of this Problem

- a. Primarily a system issue
- b. Inefficiency work environment

### III. What Can Organizations Do?

- a. Common misperceptions
- b. Framework
- c. Evidence and examples
- d. A simple recipe

### IV. Why is it so hard?

- a. Culture change
- b. How to get there (5 steps)